

Life Skills Foundation Lesson

- 'It's your choice', take a treat nicely
- Hand targeting
- 'Name game' and collar grabs
- Crate Games exercise one, you're in / you're out.
- Introduce release word, "BREAK". Shaping VALUE for a mat.
- Step on the leash to limit jumping & reward good behavior, and for hands free control. Tie knot where foot needs to go if needed.
- Reward Zone for walking nicely (start in a place of LOW to no distraction).
- What is your puppy or dog's reward 'Value Scale' for food and toys?
- Brain breaks and play. Keep training sessions short.
- Attention work: start working your puppy/dog from the moment they enter the building.
- Don't forget to take a potty break during class if your puppy needs one.



Training Bag List:

- ✓ several types of small SOFT treats
- ✓ Ren's treat pouch
- ✓ toys
- ✓ indoor shoes
- ✓ water & dog water dish
- ✓ pen & red book
- ✓ flat collar (*gentle leader or no pull harness can be used too*)
- ✓ leash
- ✓ dog pacifier (*chew toy, stuffed kong*) for quiet times during class
- ✓ mat for dog

Dog's Name

Handler

Instructor/Class
