

# TYPES OF BARKING



- **BOREDOM:** Monotone, repetitive bark, often lasting for hours.
  - We need to mentally tire out the dog with enrichment activities.
- **FRUSTRATION:** Incessant barking often directed at a desired object or activity  
Time-out:
  - Do not say a word to the dog, simply put the dog away in a timeout for two minutes.
  - If the dog fights you while you are putting them in the timeout, make sure that you have them dragging a leash in the house.
  - When you let the dog out completely ignore them. You may have to do it a second time but should never have to do it a third if it is done properly
- **ATTENTION-SEEKING:** incessant, non-aggressive behavior directed at a human.
  - Follow the above directions for a time-out.
- **ANXIETY:** Whining, yelping, and mournful howling includes barking at strangers to go away.
  - We are going to avoid by keeping the dog far away from new people. Distance is your friend while we warm up. New people may not approach the dog. They must wait for the dog to approach. If the dog does not or will not settle, we will put the dog away with some noise cancelling.
  - **You should reach out for professional help from our certified behaviour consultant.**
- **ALARM or TERRITORIAL:** Alerts owner to potentially unusual, dangerous, or concerning circumstances.
  - Should be acknowledge by owner and then stopped.
- **REACTIVITY/BARKING OUT OF WINDOWS & DOORS/ FENCE FIGHTING:** You should reach out for professional help and possible enrolment in our Reactive dog class.
- **SOCIAL FACILITATION:** Mimicked barking triggered by social interaction with other canines.
  - You are the only one that can decide if you are okay with this or not.
  - If not, then you must take them out of play after one bark.
  - Wait two minutes and allow them to play again.
  - Repeat one time and if they continue play is over for that session.
  - Remember if you allow the dog to bark sometimes and not others they will never learn. Training must be black and white
- **CANINE COGNITIVE DYSFUNCTION:** Age-related, non-sensical barking with no apparent trigger.
  - Please consult your vet for this, they can help